

GOOP



## DETOX

### Cucumber, Basil and Lime Juice

#### ingredients

- 1/2 cup fresh basil
- 1 English cucumber, cut in half lengthwise
- 1/2 lime, zest and pith removed
- 1 apple, cut into wedges

#### preparation

Starting with the basil, juice everything into a glass, give it a stir and enjoy.